



PARENT'S GUIDE TO COVID-19 AND SCHOOLS

DO NOT SEND YOUR CHILD TO SCHOOL IF THEY HAVE ONE OF THESE SUSPECTED COVID-19 SYMPTOMS*:

- New cough
- Shortness of breath or difficulty breathing.
- Loss of taste/smell

OR DO NOT SEND YOUR CHILD TO SCHOOL IF THEY HAVE TWO OF THESE SYMPTOMS*:

- Fever or chills
- Congestion/runny nose
- Sore throat
- Diarrhea
- Nausea or vomiting
- Body or muscle aches
- Fatigue
- Headache

***The above symptom criteria apply to COVID-19-RELATED exclusions for in-person instruction, and should be checked by a healthcare provider. Other symptoms may also require you to keep your child home from school for a different illness. For example, you should not send your child to school if they are experiencing fever, diarrhea or vomiting, even if it is their only symptom.**

WHAT TO DO IF YOUR CHILD IS SICK

- Keep child home and away from others
- Contact provider to see if testing is recommended
- Clean and disinfect commonly used surfaces
- Follow additional guidance below.

WHAT TO DO IF YOUR CHILD IS SICK WITH COVID-19 SYMPTOMS BUT DID NOT GET TESTED

- Isolate child and monitor symptoms
- Keep child home until:
 - 24 hours fever-free with no fever reducing medicine **and**
 - Symptoms have improved **and** it has been 10 days since symptoms first appeared **or** your child has been diagnosed with something other than COVID-19 and was released by a doctor to return to school
- Monitor family members for symptoms, and keep all other children home from school.

WHAT TO DO IF YOUR CHILD WAS A CLOSE CONTACT TO SOMEONE WHO TESTED POSITIVE FOR COVID-19 (WITHIN 6 FT FOR 15 MIN OR MORE)

- Quarantine child for 14 days from last contact with positive person.
- If symptoms develop, contact provider and follow guidance for children with symptoms.
- Participate in a public health interview.

WHAT TO DO IF YOUR CHILD TESTS POSITIVE FOR COVID-19

- Isolate child and monitor symptoms
- Keep child home until:
 - 24 hours fever-free with no fever reducing medicine **and**
 - Symptoms have improved **and** it has been 10 days since symptoms first appeared **OR**
 - No symptoms have appeared and it has been 10 days since being tested.
- Quarantine family members and monitor symptoms until 14 days following COVID positive isolation period
- Participate in a public health interview.

WHAT TO DO IF YOUR CHILD TESTS NEGATIVE FOR COVID-19

- Keep child home until:
 - 24 hours fever-free with no fever reducing medicine **and**
 - Symptoms have improved **and**
 - Your child was release by a doctor to return to school
- If your child was a close contact to someone who tested positive for COVID-19, you must also quarantine your child for 14 days from last contact with positive person.